

Osteopathic medicine is a distinct approach to medical practice in the United States which emphasizes helping patients achieve a high level of wellness by focusing on health promotion and disease prevention. Doctors of Osteopathic Medicine, or DOs, look beyond symptoms to understand how lifestyle and environmental factors impact wellbeing. Like MDs, DOs complete four years (post Baccalaureate) of medical school, followed by extensive postgraduate and clinical training before becoming fully licensed physicians. DOs in the United States practice across every medical specialty and are distinct from European osteopaths, who are not physicians and whose scope of practice is limited to osteopathic manipulative treatment.